

2025 Maximum 401(k) Deferrals

ILWU-PMA Savings (401(k)) Plan

401(k) Plan Limits for the 2025 Calendar Year are as follows:

Elective Deferrals	\$23,500
Catch-Up Contributions – Ages 50-59, and 64+	\$7,500*
Catch-Up Contributions– Ages 60, 61, 62, 63	\$11,250**

*This limit applies to those Participants who attain age 50-59, or age 64+ by the end of the calendar year 2025.

**This limit applies to those Participants who attain age 60, 61, 62 or 63 by the end of the calendar year 2025.