

Longshore Safety Tip

September - 2004

Personal Protective Equipment Reminder!



From time to time, it is a good idea to review the Pacific Coast Marine Safety Code on rules that directly affect your safety while on the job.

*Longshore workers, Marine Clerks,
Foreman or Walking Bosses
You are required to wear your Personal
Protective Equipment!*

For Your own Safety!



Required PPE Rules from the PCMSC:

1154 - High Visibility vests: Required on all Marine terminals and RO-RO vessels. Be seen day or night!

650 - Protective Footwear: "Safety toed" shoes to guard against rolling or crushing objects ... No open toed footwear.

651 - Protective Helmet: To guard against falling objects.



ILWU/PMA
PACIFIC COAST MARINE SAFETY COMMITTEE
DEDICATED TO SAFETY



PPE Reminder!

More PPE is Available for Use

Rule 612: (this rule has many parts)

Ear Protection. If you have to raise your voice in order to be heard, or work around loud noise for an extended period of time, you should wear ear protection.

Remember, once hearing is gone -- it is gone forever!

Respirators. Dust masks are available for your voluntary use. Remember to read and heed all instructions.

Approved Flotation Devices. When the possibility of falling into the water exists, you must wear a Coast Guard approved lifejacket.

Fall Arrest Gear. When going aloft on a vessel, fall arrest is required when a worker is within 3 Feet of a unguarded edge, and a fall greater than 8 Feet high. Always Inspect the gear prior to use, and have a partner double check that you have put it on correctly.

Eye Protection. *Wear* when grinding or welding or when handling cargo which might injure or irritate the eyes.

Need a new Safety Vest? How about a Hard Hat?

Every three years you will be issued a new safety vest and hard hat during your GST Training.

Lost?

Worn Out?

Damaged?

Replacements can be obtained by visiting a ILWU-PMA Training Center, or by contacting the PMA Training Staff in your area.