

Alcoholism/Drug Recovery Program

January 2007 D&A Series No 1

DRUG AND ALCOHOL PROBLEMS SOLUTIONS - TREATMENT - RECOVERY

CONSIDER THE FOLLOWING:

- 17 million adults have a serious problem with drugs or alcohol, yet only 3 million get help.
- Drug and Alcohol problems kill, sicken or injure hundreds of thousands of Americans every year.
- Drugs and Alcohol destroy families, contribute to violent crime, and reduce productivity.
- 9.1 percent of U.S. workers engage in unhealthy or risky drug or alcohol use.



The ILWU and PMA recognize that drug and alcoholism problems cause great economic loss and much physical and mental anguish to individuals and families.

Persons suffering from these problems can, however, with the aid of an appropriate diagnosis and treatment, be given the kind of help they need to lead normal healthy lives.



DEDICATED
TO
TREATMENT & RECOVERY



STOPPING DRUG & ALCOHOL ABUSE BEFORE IT STARTS



**The ILWU, PMA, & the Employers
All Agree**

**The Alcoholism/Drug Recovery Program works,
but YOU must make the first step.**

**Although drug and alcohol abuse problems may seem overwhelming,
resources are available for you when you are ready to**

“Make That Call”

**If you need help, please contact your local Alcoholism/Drug
Recovery Program Representative:**

**Jackie Cummings
Coast Director**

Southern California 310-547-9966

Norm McLeod

Northern California 415-776-8363

Jim Copp

Columbia River & Oregon Coast 503-231-4882

Donnie Schwendeman

Puget Sound - Washington Area 206-621-1038