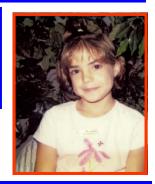
Alcoholism/Drug Recovery Program

January 2007 D&A Series No 2



Children of Alcoholics One of America's Legacies



In today's America one out of five children live with an alcoholic



Children of alcoholics are 4 times more likely than other children to become alcoholics.

Imagine a house in which a child feels that the walls and floors are constantly moving and shaking.

Could anyone be at peace in such a setting?

For the children of alcoholics, life feels like that all the time.

The atmosphere in the alcoholic home can change suddenly, from loving to angry, regardless of the child's behavior.

The child may worry constantly, and feels lonely and helpless to change the situation.



DEDICATED
TO
TREATMENT & RECOVERY



Children of Alcoholics One of America's Legacies



- Withdrawal from family & friends
- Failure in school; truancy
- Delinquent behavior, such as stealing or violence
- Frequent physical complaints
- Abuse of drugs or alcohol
- Aggression towards other children
- Risk taking behaviors
 - Depression or suicidal thoughts or behavior

Most of us want to pass on a legacy of love, care, security & joy to our children.
What legacy do you want to pass on?
When does it stop?
When you choose to stop it!
On the job, as well as in the home.



Although drug and alcohol abuse problems may seem overwhelming, resources are available for you when you are ready to

"Make that call."

If you need help, please contact your local Alcoholism/Drug Recovery Program Representative:

Jackie Cummings

Southern California 310-547-9966

Coast Director

Norm McLeod Northern California 415-776-8363

Jim Copp Columbia River & Oregon Coast 503-231-4882

Donnie Schwendeman Puget Sound - Washington Area 206-2621-1038