## **LONGSHORE SAFETY TIP**

**April 2009** 

## **AVOIDING PORTER INJURIES**



- Which bag is the heaviest?
- How can you tell by looking?
- Never assume that small bags are light in weight!
- One wrong move can result in a back injury.
- Be prepared to lift BEFORE you touch the bag.



- Avoid high stacking.
- Load porter carts to such a height that you maintain a clear view over the top of the cart.
- Don't strain when pushing or pulling a porter cart.



- Remember that the cruise ship passenger is the actual customer.
- Use extreme care when operating your porter cart around passengers and traffic.
- Ensure that your cart does not roll away from you.
- Never leave your cart unattended.
- Be mindful of passengers, they often walk into traffic lanes.



Remember !!!!
Always be courteous and respectful to passengers.



ILWU/PMA
PACIFIC COAST MARINE SAFETY COMMITTEE
DEDICATED TO SAFETY

