# LONGSHORE SAFETY TIP

December 2010

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## SAFETY SHOE POLICY & PROGRAM

#### Every work environment exposes workers to different types of hazards.

Different types of Longshore jobs require different types of safety shoes. Safety shoes used by a lasher, holdmen, equipment operator or a marine clerk may not be acceptable for a longshore mechanic. You should be aware of work hazards and the need for personal protective equipment (PPE).

In the case of foot injuries, common potential hazards include falling or rolling objects, electrical shock or piercing of footwear soles with sharp objects. There are countless situations and hazards that occur in the workplace everyday that can cause serious foot injury.

#### MECHANICS: YOU DO WELDING, CUTTING & GRINDING.

You should avoid some steel-toe safety shoes as they are not designed for that type of work. Tennis –style shoes made with vinyl or runner outsole will melt and burn when in contact with hot slag while welding.

You need to wear a shoe designed for welding work. An acceptable boot will have a full leather design with a high heel to help protect against burning.



Wear the bottoms of your pants over the tops of your boots to keep out sparks and flying metal.

Do not tuck pant legs into your boots.



#### LONGSHOREMEN, MARINE CLERKS, WALKING BOSS/FOREMEN : DON'T FORGET YOUR SAFETY SHOES



As a reminder, PCMSC Rule 612 requires all employees working in the terminal operating environment to wear safety shoes.

The Employer's provide them for your protection to be worn on all jobs.

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PACIFIC COAST MARINE SAFETY COMMITTEE

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PCMSC Rule 650: In order to avoid needless injury, appropriate foot protection shall be worn to protect against falling, crushing or penetrating actions. Footwear, such as open-toed sandals, moccasins, go-aheads, bedroom slippers, high-heeled shoes, and similar footwear is inappropriate and shall not be worn.

#### Clog's are <u>Unacceptable</u> for <u>Any</u> Job

Just because a shoe has steel-toe protection does <u>not</u> make it OK for use on the waterfront.

Any shoe with an open back heel, even with steel-toes, is NOT ASTM approved, and is NOT allowed to be worn on the job.



#### Lashers: Dropping a Turnbuckle on the Top of Your Foot Hurts!

You should consider a shoe with a non-slip sole and metatarsal guard.

Safety shoes with either an internal or external metatarsal guard will provide extra protection while handling heavy objects that could fall on top of your foot.



#### Holdmen: Working Around Moving Equipment In The Hold?



You might want to select a high-ankle boot with a slip resistant outsole for protection when working on slippery decks and in the hold.

Slips & Falls are a common source of injury to Holdmen.

#### Want Additional Information on the Safety Shoe Policy & Program?

The safety shoe program information can be found on the PMA website at www.pmanet.org Just click on the Longshore Tab.

Lost your voucher? The lost certificate request form can be found on the PMA website. Just print it out and follow the directions for mailing. The most common reason for not receiving a voucher is having a bad address on file with PMA Payroll. The Post Office will not forward the voucher to your new address. To update your address, contact PMA Payroll at 1-888-PMA-1234



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